



Mohammad Tauheed Alam

Passport: X5616577 | **Date of birth:** 19/11/2002 | **Place of birth:** Prayagraj, India |

Nationality: Indian | **Gender:** Male | **Phone number:** (+91) 6394040798 (Mobile) |

Email address: Contact@tauheed.info | **Email address:** Tauheedalamking@icloud.com |

Website: <https://tauheed.info/> | **WhatsApp Messenger:** +91 6394040798 |

Address: 513 A/1 , Dariyabad , 211003, Prayagraj , India (Home)

ABOUT ME

Driven by a deep passion for nursing and a desire to serve underserved communities, especially in my ancestral village where basic healthcare is lacking. I've gained clinical training and volunteering experience, and I'm committed to using my education to bring care, dignity, and support to those who need it most.

WORK EXPERIENCE

RAJIV GANDHI CANCER INSTITUTE & RESEARCH CENTER – NEW DELHI, INDIA

Business or Sector Human health and social work activities | **Email** info@rgcirc.org | **Website** <https://www.rgcirc.org/>

HOSPITAL VOLUNTEER – 17/05/2025 – 17/06/2025

Palliative Care (Home Visit)

- Accompanied doctors and nurses on home visits for terminally ill cancer patients
- Observed end-of-life care practices for patients with advanced-stage cancers such as pancreatic, lung, and buccal mucosa carcinoma
- Assisted in providing emotional comfort and presence for patients and families
- Gained insight into pain management, ethical considerations, and palliative support in critical conditions

Cancer Screening and Awareness Camps

- Participated in 7+ outreach medical camps alongside ENT Oncologists and Gynaecological Oncologists to screen patients for oral and breast cancers
- Assisted in patient history taking and preliminary diagnosis during screenings
- Observed clinical signs of conditions such as leukoplakia, linea alba, and oral ulcers
- Helped raise awareness about the risks of tobacco chewing and smoking-related cancers
- Attended camp at Galgotias University, Noida, where 81 patients were screened; several were identified at a precancerous stage
- Gained exposure to oral and gynecologic oncology procedures and community health education strategies

Patient Welfare Services

- Visited patients in oncology wards to offer emotional support and active listening
- Informed patients and families about available government health schemes and financial assistance options
- Provided empathy, hope, and encouragement to patients undergoing cancer treatment
- Supported caregivers in managing the psychological and social stress of hospitalization
- Developed communication skills in handling sensitive discussions with critically ill patients and their families

Help Desk Services

- Assisted visitors and patients in navigating hospital departments and services
- Helped patients with appointment scheduling and guided them to the appropriate OPD or diagnostic areas
- Provided information regarding hospital procedures, timings, and doctor availability
- Acted as a bridge between patients and medical staff for basic non-clinical queries
- Demonstrated professionalism and patience in handling anxious or distressed visitors
- Strengthened interpersonal and problem-solving skills in a high-pressure environment

TEACHER – 25/05/2024 – 04/09/2024

- Taught science to a classroom of 40 Grade 5 students in an under-resourced setting
- Supported classroom activities, demonstrating strong organization and multitasking skills
- Assisted the lead teacher and helped students understand lessons, showing effective communication
- Adapted to diverse student learning needs and maintained responsibility in a dynamic classroom
- Developed and delivered engaging lesson plans using visual aids and real-life examples
- Encouraged curiosity, participation, and conceptual clarity among young learners

● **EDUCATION AND TRAINING**

19/07/2024 – 29/07/2024 Red Cross Hospital Seemapuri, 110003 New Delhi (India) , India

FIRST AID CERTIFICATION Indian Red Cross Society

CPR, bleeding control, fracture management, burns, and basic life support procedures

Website <https://www.indianredcross.org/> | **Field of study** First Aid and Basic Life Support (BLS)

2021 Prayagraj , India

SENIOR SECONDARY SCHOOL CERTIFICATE (CLASS 12) Ewing Christian Public School, affiliated to Central Board of Secondary Education (CBSE)

Biology, Chemistry, Physics, English, Physical Education, Computer Science

Website <http://www.ecpsss.co.in/> | **Level in EQF** EQF level 4

2019 Prayagraj , India

SECONDARY SCHOOL CERTIFICATE (CLASS 10) Ewing Christian Public School, affiliated to Central Board of Secondary Education (CBSE)

Website <http://www.ecpsss.co.in/> | **Level in EQF** EQF level 2

INTRODUCTORY HUMAN PHYSIOLOGY Coursera (Duke University)

Cardiovascular, respiratory, nervous, renal, and digestive systems; cellular mechanisms and regulation

Final grade 90%

THE NURSE'S TOOLKIT Coursera (University of Michigan)

Airway management, trauma care, immobilization and splinting, sepsis management, wound care, and obstetrical emergencies; included augmented reality simulations

Final grade 93%

● **LANGUAGE SKILLS**

Mother tongue(s): **HINDI**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	B2	C1	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **PUBLICATIONS**

2025

[Air Quality Effects on Respiratory Health](#)

A comprehensive review of scientific evidence linking air quality of both outdoor and occupational to respiratory disease outcomes.

Research supported by 46 scientific sources

Authors: Mohammad Tauheed Alam | **Journal Name:** International Journal of Research Publication and Reviews | **Volume, Issue and Pages:** Vol 6, Issue 7, pp 1664-1670 July 2025 | **Publisher:** Genesis Global Publication

● CONFERENCES AND SEMINARS

05/08/2024 – 06/08/2024 AIIMS (All India Institute of Medical Sciences), New Delhi

Artificial Intelligence and Translational Research in Human Health

- Participated in expert talks, panel discussions, and research presentations
- Gained exposure to AI applications in diagnostics, drug discovery, and patient care
- Learned the fundamentals of writing and structuring a research paper in biomedical science
- Engaged with researchers and clinicians on advancements in biomedical innovation

● PROJECTS

CURRENT

Portfolio Website

Developed a personal portfolio website using WordPress. It contains detailed information about my hobbies, certifications, hospital volunteering experience, publications, and documented proof of all qualifications and experiences listed in my CV.

Link <https://tauheed.info/>

Independent research project – Air Quality Effects on Respiratory Health

- Independently researched and wrote a review paper
- Focused on effects of air pollution on respiratory health
- Managed 46 peer-reviewed references using Zotero
- Developed skills in academic writing and citation management

● NETWORKS AND MEMBERSHIPS

CURRENT New Delhi

Indian Red Cross Society - Life Membership

● VOLUNTEERING

Prayagraj

Tree Plantation Volunteer - Ek Soch Foundation

Participated in tree plantation drive to promote environmental sustainability. Planted saplings and raised awareness about climate change and green spaces.

Vivek Modern School (New Delhi)

Organizer – Rubik’s Cube Solving Competition

Organised a cube-solving event. 10 out of 40 students participated; top 3 received prizes, others got chocolates. It sparked curiosity about puzzle solving.

Red Cross Hospital (New Delhi)

Volunteer – Indian Red Cross Society

- Assisted in basic healthcare tasks and patient support under supervision
- Gained awareness of first aid, public health, and humanitarian principles

● HONOURS AND AWARDS

29/10/2021

Character Certificate – Ewing Christian Public School

Awarded for exemplary conduct and discipline throughout schooling

11/07/2025

Certificate of Publication – International Journal of Research Publication and Reviews (IJRPR)

Issued upon successful publication of independently authored research paper in a peer-reviewed journal

2024

Certificate of Achievement – Teach for India

Awarded for successfully completing the Reinventing School Starter Program 2024

RECOMMENDATIONS

Sara Bhandari Program manager

- “His calm and respectful presence helped create a safe and supportive learning environment. These are the same interpersonal skills that are vital in nursing, particularly in emotionally charged and high-pressure environments”.
- “He is observant, analytical, and open to feedback, qualities that will serve him well in both academic studies and clinical settings”.
- “He has the potential to become not only a skilled nurse, but also a compassionate healthcare professional who brings dignity and care to every patient interaction”.

Email Sara.bhandari@teachforindia.org | Phone (+91) 8273639234

SKILLS

Basic Life Support | Communication | Empathy | Patient care | Leadership | Teamwork | Time management | Medical terminology | First Aid | Adaptability | Problem-solving

Academic / Research Skills

Research | Academic writing | Literature review | Referencing | Citations

HOBBIES AND INTERESTS

Rubik’s Cube Solving

Solve 2×2 to 5×5 cubes regularly; 3×3 average under one minute, demonstrating focus, logic, and hand-eye coordination.

Guitar Playing

supports emotional balance and concentration

Chess

enhances problem-solving and mental focus

Football

improves teamwork, discipline, and physical endurance

Thank you for considering my application. I look forward to contributing to healthcare and making a difference in underserved communities. Relevant certificates and references are available upon request